

Sporticipate Timetable 2020-21

<https://www.sport.manchester.ac.uk/sport-and-activity/sporticipate/>

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:15-08:00 Armitage Studio Sporticipate Cycle	8:30-9:30 St Peters (Zoom) *Breakfast Yoga	07:15-8:00 UoM (Zoom) *Wednesday Workout (HIIT)	17:30-18:30 Sugden (Hall C) *Kickboxing **	12:00-12:45 Armitage Studio HIIT		
13:00-14:00 St Peters (Zoom) *Stronger Together Pilates	17:30-18:30 UoMYogaSoc (Zoom) *Yoga	19:00-20:00 St Peters (Zoom) *Pilates in Mandarin	17:30-18:30 UoMYogaSoc (Zoom) *Yoga	12:00-12:30 UoM (Zoom) *Friday Flex		
16:30-17:30 UoM (Zoom) *Monday Movement (HIIT)	17:30-19:00 Armitage (Pitch B) Lacrosse		19:00-20:00 Armitage (Pitch E1) O2 Touch Rugby			Armitage Centre
17:30-19:00 Armitage (3G F2) Women's Football	18:00-19:00 Armitage (Pitch A) Ultimate Frisbee		18:15-19:30 Meet outside SU *Run Wild - Running Group			Sugden Centre
	19:00-20:30 Armitage (Pitch E1) O2 Touch Rugby					Manchester Aquatics Centre
	18:15-19:30 Meet outside SU *Run Wild - Running Group					Zoom

You must book onto sessions prior to attending. Book on playwaze unless stated otherwise

*Indicates sessions with their own booking processes and aren't on the Playwaze app. You can find the links on our website, under the 'Register for sessions' drop down menu.

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** Indicates paid session