

The University of Manchester Athletics Coach

School/Service	Sports Development Office
Location	Manchester Regional Arena (Sports City)
Contract Type	Service Level Agreement
Grade	Pay (fixed for all sessions) £525.00
Hours	Monday Eve 1.5hours Thursday Eve 1.5hours (Extra payment for attendance at competitions)
Starting Date	April 4 th 2022 – 19 th May 2022

Job Details

The post holder will deliver quality coaching, management, organising, delivering and monitoring performance to the University of Manchester's Athletics Club and increase their performance in British Universities and Colleges Sport (BUCS).

This is a temporarily role with a focus on coaching of Sprinters, Middle distance athletes. There are also a small number of field eventers and long distance runners to consider. There are competitions to prepare for and long term performance and fitness to be considered.

Main Duties & Responsibilities

- Deliver an effective coaching programme that helps improve the performance and experience of club members
- Lead Session; oversee all coaching of the club including delegation tasks to additional student/volunteer coaches where appropriate.
- Attend BUCS Athletics competitions.
- Assist the Club and team captains (and other coaches where appropriate) providing input in relay team selection.
- Provide feedback to the Coach and Club Development Coordinator, on club performance and progress.
- Record attendance at all training sessions
- Set personal training plans for in-between sessions & out of university term times.
- To ensure all sessions comply with Health and Safety.
- To work within an equal opportunities framework.

Application Process

Please send a copy of your CV, a covering letter and to: ellen.stephenson@manchester.ac.uk.

For informal discussions, or more information, contact Ellen Stephenson on 07917 271429

Person Specification

Athletics Head Coach

UoM Sport are looking for people who are outgoing and highly motivated. The person specification below indicates the essential and desirable attributes that an individual must demonstrate to be considered for the post. Please note that covering letters should be written in way that demonstrates how the applicant meets each of the attributes. **Applicants will be shortlisted if they demonstrate how they meet all of the essential attributes. The desirable attributes are not necessary to be shortlisted, but are considered to be advantageous.**

	Essential	Desirable	Method of Assessment
Qualifications/Education			
Hold a Level 2 Coaching qualification	✓		
Hold a fitness related qualification (i.e. SAQ)		✓	
Possess a Safeguarding and Protecting Children in Sport certificate	✓		
Recognised First Aid Qualification	✓		
Hold or are working towards a level 3 coaching qualification		✓	
Experience and Knowledge			
Relevant and demonstrable experience of coaching competitive Athletics at performance level	✓		
Experience of working with young adults	✓		
Previous experience of coaching in HE setting		✓	
Relevant and demonstrable experience of mentoring, supporting and encouraging coaches		✓	
An understanding of HE sport sector		✓	
Understanding and awareness of modern coaching techniques and practices suited to student athletes	✓		
Skills			
Excellent communication and interpersonal skills	✓		
Excellent motivational skills	✓		
Ability to plan, develop and deliver high quality coaching sessions	✓		
Excellent planning and organisational skills	✓		
Ability to produce reports and use IT software for monitoring and evaluating purposes	✓		
Ability to monitor and evaluate own coaching performance	✓		
Other			
Performance driven with a can do approach	✓		
Be available to travel around the country to attend BUCS competitions		✓	
Hold a valid DBS or willing to undertake	✓		
Committed to equal opportunities	✓		
An understanding of Health and Safety and safeguarding procedures	✓		

