

## **Basic Injury First Aid Qualification**

- Trainer from First Aid Central Training Services

\*Certificate valid for 3 years\*

Ideal for anyone who wants to ensure they can act in an emergency accident situation to assist a casualty whilst waiting for trained medical help.

The course covers :

CPR,

Head and Back Injuries,

Bone and soft tissue injuries,

Shock,

Drowning.

One-off 3-hour course in person.

Usually 6 -9pm at the Armitage Centre in Fallowfield.

Some 2 -5pm sessions on Wednesday afternoons

Sessions through October and November and February.